

What's In a Name?

INSTRUCTIONS: Use the letters in *Jacob* and *Israel* to form as many new words as you can.



BIBLE STORY SUMMARY:

- Jacob planned to return to Canaan, but feared that Esau would still be angry.
- Jacob prayed to God for help, but also made a plan to protect his family.
- In the night, Jacob wrestled with God.
- God changed Jacob's name to Israel, the name of God's covenant people.

KEY PASSAGE: Genesis 28:15

BIG PICTURE QUESTION:

- Does God keep His promises? God always keeps His promises because He is faithful.

FAMILY DISCUSSION STARTERS:

- Why did Jacob wrestle with God?
- Do you ever "wrestle with God"?
- Who can change our lives and give us new identities in God?

FAMILY ACTIVITY:

- Use a baby names book to talk to your kids about what their names mean. Discuss why you chose the names you gave them and the ways Jesus changes us when we put our faith in Him.



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STORY POINT: GOD CHANGED JACOB'S NAME TO ISRAEL, THE NAME OF GOD'S COVENANT PEOPLE.